

Swimming Pool Timetable

Term time



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am-9am* Lane swim	7am-9am* Lane swim	7am-9am* Lane swim	7am-9am* Lane swim	7am-9am* Lane swim		
9am- 12pm Leisure Swim	9am- 6pm Leisure Swim	9am- 10pm Leisure Swim	9am- 6pm Leisure Swim	9am- 6pm Leisure Swim	8am-10am* Lane swim	9am-6pm Leisure Swim
12pm - 1pm Aqua		10am-11:30 Baby Swim Lessons			10am-6pm Leisure swim	
1pm-2pm leisure swim		12pm- 12:45pm Aqua				
2pm - 3pm School Swim		1pm- 6pm Leisure Swim				
3:45pm - 6pm Swim Lessons						
6pm-9pm* Lane swim	6pm-9pm* Lane swim	6pm-9pm* Lane swim	6pm-9pm* Lane swim	6pm-9pm* Lane swim		

Swimming Pool Timetable

Holiday Time



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am-9am* Lane swim	7am-9am* Lane swim	7am-9am* Lane swim	7am-9am* Lane swim	7am-9am* Lane swim		
9am- 7pm Leisure Swim	9am- 7pm Leisure Swim	9am- 7pm Leisure Swim	9am- 7pm Leisure Swim	9am- 7pm Leisure Swim	8am-9am* Lane swim	9am-7pm Leisure Swim
					9am-7pm Leisure swim	
7pm-9pm* Lane swim	7pm-9pm* Lane swim	7pm-9pm* Lane swim	7pm-9pm* Lane swim	7pm-9pm* Lane swim		

*Adults/members/weekly members only (No under 16's between these times)

**If you are interested in trying a dive session please book through the health club.

The dive school may be in during the week at certain times, the pool will not close during these times

To contact the dive school ring Steve on: 01208862556/07890671225

Last Entry to the Health Club is one hour before close.